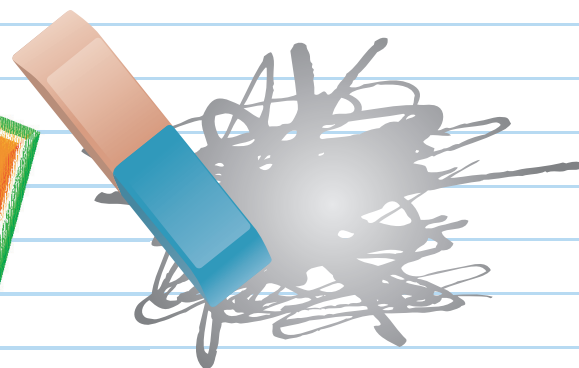


Peek at

# PLAY

September - December 2012



## Adventures in Art

Imaginations are inspired and encouraged through a variety of art projects that include painting, recycled art, messy fun, and more. \$5 supply fee payable to instructor.

**Age: 4 - 6Yrs**

Sa	11:45 AM - 12:30 PM	9/8 - 9/29	\$26
Sa	11:45 AM - 12:30 PM	10/6 - 10/27	\$26
Sa	11:45 AM - 12:30 PM	11/3 - 11/17	\$20

## Catch the Knitting Bug

We'll leave you in stitches! Learn beginner knitting skills, terms, and techniques. Develop skills that help you tackle knitting projects on your own.

**Age: 9 - 12Yrs**

W	10:00 - 11:30 AM	9/5 - 9/26	\$42
W	10:00 - 11:30 AM	10/3 - 10/24	\$42

**Age: 13 - 17Yrs**

W	11:30 AM - 1:00 PM	9/5 - 9/26	\$42
W	11:30 AM - 1:00 PM	10/3 - 10/24	\$42

## Creative Homeschoolers

Let's have some fun! Using a variety of techniques and materials, learn to use your imagination to design and create fun items you get to take with you.

### Friendship Bracelets

**Age: 6 - 15Yrs**

Th	1:00 - 2:00 PM	9/27	\$8
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### Duct Taping For Fun

**Age: 6 - 15Yrs**

Th	1:00 - 3:00 PM	10/11	\$8
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## KIDS

## Me & My Shadow

Ready, set, play! Enjoy circle time, arts and crafts projects, games, and sports designed with parents and their special little ones in mind.

**Age: 18Mos - 3Yrs**

Sa	10:45 - 11:30 AM	9/8 - 9/29	\$26
Sa	10:45 - 11:30 AM	10/6 - 10/27	\$26
Sa	10:45 - 11:30 AM	11/3 - 11/17	\$20

## Growing Artist

Creativity starts here. Using charcoals and pastels, learn how to handle a paint brush, color mixing, and paint application.

**Age: 8 - 12Yrs**

### Pastels

Tu	4:00 - 4:45 PM	9/4 - 9/25	\$38
Tu	4:00 - 4:45 PM	10/2 - 10/23	\$38

### Pastels & Charcoal Workshop

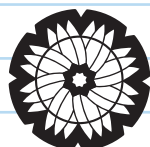
W	1:00 - 3:00 PM	11/21	\$18
Th	3:00 - 5:00 PM	12/20	\$18

## Messy Masterpieces

Explore hands on art and create unique masterpieces that you can take home using a variety of messy materials. \$5 supply fee payable to instructor.

**Age: 2 - 4Yrs**

W	3:00 - 3:45 PM	9/5 - 9/26	\$26
W	3:00 - 3:45 PM	10/3 - 10/24	\$26
W	3:00 - 3:45 PM	11/7 - 11/28	\$20



GARLAND

## Prisma Art

Turn your sketch into a beautiful masterpiece! Discover how blending, shading, and color techniques are used to complete a drawing.

### Age: 9 - 13Yrs

Th	4:00 - 4:45 PM	9/6 - 9/27	\$38
Th	4:00 - 4:45 PM	10/4 - 10/25	\$38



## Shadow Art

Stretch your sketching abilities! Learn to draw, shade, and blend in charcoal. Create your own works of art while learning about different artists and the techniques used to make unique drawings.

### Age: 8 - 12Yrs

W	4:00 - 4:45 PM	9/5 - 9/26	\$38
W	4:00 - 4:45 PM	10/3 - 10/24	\$38

## Young Rembrandts

Learn drawing skills and basic artistic concepts, including line, shape, value, and filling the page.

### Age: 6 - 12Yrs

M	5:30 - 6:30 PM	9/10 - 10/22	\$90
M	5:30 - 6:30 PM	10/29 - 12/10	\$90

## Cooks & Books

Play, learn, cook! Blend the world of cooking and reading together. Enjoy stories about different types of foods and make snacks that include them. \$5 supply fee payable to instructor.

### Age: 4 - 6Yrs

W	4:00 - 4:45 PM	9/5 - 9/26	\$26
W	4:00 - 4:45 PM	10/3 - 10/24	\$26
W	4:00 - 4:45 PM	11/7 - 11/28	\$20

## Digital Photography

With step by step instruction, learn the basic parts and features of your camera with an introduction to different photography careers. Bring your digital camera.

### Age: 8 - 12Yrs

Sa	9:30 - 10:30 AM	9/8 - 9/29	\$26
Sa	9:30 - 10:30 AM	10/6 - 10/27	\$26
Sa	9:30 - 10:30 AM	11/3 - 11/17	\$20

## Fun Science

Put fun back in science! Learn how and why science affects the world around you. Make observations and predictions before performing hands on experiments.

### Age: 6 - 9Yrs

M	3:45 - 4:30 PM	9/10 - 10/1	\$54
M	3:45 - 4:30 PM	10/8 - 10/29	\$54
M	3:45 - 4:30 PM	11/5 - 11/26	\$41
M	3:45 - 4:30 PM	12/3 - 12/10	\$28

## Ballet

Move through progressive barre and center exercises that stress skeletal alignment, turn-out of the legs, coordination of the hands and arms, weight changes, and proper use of the feet.

### Age: 3 - 5Yrs

Th	4:00 - 4:30 PM	9/6 - 9/27	\$26
Th	4:00 - 4:30 PM	10/4 - 10/25	\$26
Th	4:00 - 4:30 PM	11/8 - 12/20	\$38

### Beginner

#### Age: 6 - 12Yrs

Th	4:35 - 5:20 PM	9/6 - 9/27	\$34
Th	4:35 - 5:20 PM	10/4 - 10/25	\$34
Th	4:35 - 5:20 PM	11/8 - 12/20	\$50

### Intermediate

Instructor approval required.

#### Age: 6 - 12Yrs

Th	5:30 - 6:15 PM	9/6 - 9/27	\$42
Th	5:30 - 6:15 PM	10/4 - 10/25	\$42
Th	5:30 - 6:15 PM	11/8 - 12/20	\$62

## Dance Combo

Put your dancing shoes on! Learn various styles of dance including modern, lyrical, body movements, freestyle, jazz, tap, ballet, and hip hop. \$16 one time administration fee payable to instructor.

M	11:45 AM - 12:15 PM	9/10 - 9/24	\$25
M	11:45 AM - 12:15 PM	10/1 - 10/22	\$32
M	11:45 AM - 12:15 PM	11/5 - 11/26	\$32
M	11:45 AM - 12:15 PM	12/3 - 12/17	\$25

## Karate

Learn to employ hand strikes and kicks with swift and calculated movements used to disable or subdue an opponent.

### Age: 6 - 12Yrs

#### Beginner

W	6:30 - 7:45 PM	10/10 - 12/5	\$37
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#### Advanced

Instructor approval required.

Sa	9:30 AM - 12:15 PM	10/13 - 12/8	\$37
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## Guitar

Learn basic fundamentals including how to tune the instrument, basic open and barre chords, understanding notation, basic reading, and playing in time. Bring your own guitar.

**Age: 8 - 11Yrs**

### Beginning

Sa	1:30 - 2:10 PM	9/8 - 10/13	\$70
Sa	1:30 - 2:10 PM	11/3 - 12/15	\$80

### Continuing

Instructor approval required.

**Age: 8 - 11Yrs**

Sa	2:20 - 3:00 PM	9/8 - 10/13	\$70
Sa	2:20 - 3:00 PM	11/3 - 12/15	\$80

## Kindermusik

Love and grow through music! Parents and children are led through joyful activities, using music and movement. Mini session registration is available.

### Beginner Piano

\$12 book fee payable to instructor.

**Age: 5 - 10Yrs**

Tu	4:30 - 5:15 PM	9/11 - 12/11	\$192
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### Laugh & Learn

Supply fee payable to instructor, \$10 per mini session or \$30 per 14 week session.

**Age: 18Mos - 3Yrs**

Tu	10:45 - 11:15 AM	9/11 - 12/11	\$72
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### Move and Groove

Supply fee payable to instructor, \$10 per mini session or \$30 per 14 week session.

**Age: 3 - 5Yrs**

Tu	11:45 AM - 12:30 PM	9/11 - 12/11	\$72
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### Move and Groove Family

Supply fee payable to instructor, \$10 per mini session or \$30 per 14 week session.

**Age: 6Mos - 5Yrs**

Tu	5:15 - 6:00 PM	9/11 - 12/11	\$72
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### Zoom Buggy

\$35 supply fee payable to instructor.

**Age: 1 - 18Mos**

Tu	9:45 - 10:30 AM	9/11 - 11/13	\$82
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## Lil' Kicks Soccer

Have a ball! Learn the beginner skills of the sport including stopping the ball with the foot, dribbling, passing, and kicking.

**Age: 4 - 6Yrs**

W	2:00 - 2:50 PM	9/5 - 9/26	\$22
W	2:00 - 2:50 PM	10/3 - 10/24	\$22
W	2:00 - 2:50 PM	11/7 - 11/28	\$17
W	2:00 - 2:50 PM	12/5 - 12/19	\$17

## Tiny Tumblers

Students learn the fundamentals of gymnastics including forward rolls, log rolls, balance beam, bar, wedge matt, trampoline, and more.

**Age: 2 - 3Yrs**

Sa	11:45 AM - 12:30 PM	9/8 - 9/29	\$30
Sa	11:45 AM - 12:30 PM	10/6 - 10/27	\$30
Sa	11:45 AM - 12:30 PM	11/3 - 11/24	\$30
Sa	11:45 AM - 12:30 PM	12/1 - 12/22	\$30

**Age: 4 - 5Yrs**

Sa	10:45 - 11:30 AM	9/8 - 9/29	\$30
Sa	10:45 - 11:30 AM	10/6 - 10/27	\$30
Sa	10:45 - 11:30 AM	11/3 - 11/24	\$30
Sa	10:45 - 11:30 AM	12/1 - 12/22	\$30

# ADULTS

## Catch The Knitting Bug

We'll leave you in stitches! Learn beginner knitting skills, terms, and techniques, and develop skills that help you tackle knitting projects on your own.

**Age: 18Yrs and up**

W	7:00 - 8:30 PM	9/5 - 9/26	\$42
W	7:00 - 8:30 PM	10/3 - 10/24	\$42
W	7:00 - 8:30 PM	11/7 - 11/28	\$32

## Belly Dance

Shimmy Shake! Use gentle and repetitive movement to exercise all of your muscles. Strengthen and tone your shape, add flexibility, and improve circulation.

**Age: 16Yrs and up**

Tu	6:00 - 7:00 PM	9/4 - 9/25	\$40
Tu	6:00 - 7:00 PM	10/2 - 10/30	\$49
Tu	6:00 - 7:00 PM	11/6 - 11/27	\$40
Tu	6:00 - 7:00 PM	12/4 - 12/18	\$30

## Choreographed Ballroom

Dance and sway with ease! Relieve the stress of learning popular ballroom styles by having a cuer call out the moves.

### Advanced Choreographed

Instructor approval required. Partner recommended.

**Age: 18Yrs and up**

Th	6:45 - 8:45 PM	10/4 - 12/20	\$32
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# Therapeutic Recreation

*\*for people with disabilities\**

## FIT Camp

An invigorating workout including fitness instruction, motivational training, and energizing activities designed to help you reach your fitness goals.

### Age: 16Yrs and up

Th	7:30 - 8:30 PM	9/6 - 9/27	\$22
Th	7:30 - 8:30 PM	10/4 - 10/25	\$22
Th	7:30 - 8:30 PM	11/1 - 11/29	\$22
Th	7:30 - 8:30 PM	12/6 - 12/27	\$22

## Jazzercise

Fresh, exciting, and fun! Does this describe your workout? Love your workout and see results.

### Age: 16Yrs and up

M - F	9:30 - 10:30 AM
M, Tu, Th	6:00 - 7:00 PM
W	5:30 - 6:30 PM

## Tai Chi - Yang Style

Balance from within. Learn the round fluid arm movements and wide steps of this ancient non combative martial art.

### Age: 16Yrs and up

Tu	7:30 - 8:30 PM	9/4 - 9/25	\$40
Tu	7:30 - 8:30 PM	10/2 - 10/30	\$49
Tu	7:30 - 8:30 PM	11/6 - 11/27	\$40
Tu	7:30 - 8:30 PM	12/4 - 12/18	\$30

## Karate

Grow in mind and body! Learn to employ hand strikes and kicks with swift and calculated movements

### Age: 13Yrs and up

#### Beginner

W	6:30 - 8:30 PM	10/10 - 12/5	\$42
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#### Advanced

Instructor approval required.

Sa	9:30 AM - 12:30 PM	10/13 - 12/8	\$42
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## Sword Play

Touché! Learn basic skills necessary to fence for fun, exercise, and competition.

### Age: 12Yrs and up

Th	7:05 - 8:50 PM	10/11 - 12/27	\$46
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## Holiday at Holford

Celebrate the holidays with carol singing, ornament decorating, cookie baking, games, and more. Bring a \$5 gift for the white elephant gift exchange.

### Age: 16Yrs and up

F	6:00 - 9:00 PM	12/14	\$15
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## TR Rembrandts

Our valuable drawing curriculum teaches drawing skills and basic artistic concepts, including line, shape, value, and filling the page. \$5 supply fee payable to instructor.

### Age: 16Yrs and up

Tu	6:15 - 7:15 PM	9/4 - 9/25	\$40
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## Digital Photography

Say cheese! Learn the basics of photography including lining up shots, when to use the flash, and zooming. Bring your digital camera.

### Age: 16Yrs and up

Tu	6:15 - 7:15 PM	10/2 - 10/23	\$26
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## A Wii Bit of Fun

Show up your friends in a variety of new sports using a projection system, a Wii, and the recreation center wall.

### Age: 16Yrs and up

Tu	6:15 - 7:15 PM	11/6 - 11/27	\$26
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